Discover your Raleigh Parks and Recreation Department

SOCIAL

Wii Game Night
Age: 5-16. Come join us the 1st Friday of each month for Wii Game Night! Bring yourself and bring a couple of friends. Put your game face on and have fun! Class Fee: $0

October 5	**Friday**	**6:00-8:00pm**
November 2	**Friday**	**6:00-8:00pm**
December 7	**Friday**	**6:00-8:00pm**

Game It Up
Age: All ages. Socialize with friends while playing popular games like Uno, Connect Four, Sorry, Twister. Like a challenge? Try Pictionary, Taboo, or Cranium for the older gamesters. Class Fee: $0

October 12	**Friday**	**6:00-8:00pm**
November 9	**Friday**	**6:00-8:00pm**
December 14	**Friday**	**6:00-8:00pm**

Cool Artsy Crafts
Age: 5-14. Are you creative? Do you enjoy making one of a kind creations? Channel that ability into this cool arts and crafts experience. A different activity is introduced in each class. See you at Sanderford! Class Fee: $0

October 19	**Friday**	**6:00-8:00pm**
November 16	**Friday**	**6:00-8:00pm**

Teen Time
Age: 13-17. Teens, it's that time at Sanderford Road Center! This program encourages teen socialization, volunteerism, and recreation. Participants will have the opportunity to discuss issues that impact teens as well as explore interests of their own. It's your time. Class Fee: $0

October 26	**Friday**	**6:00-8:00pm**

Family Night at the Movies
Age: All ages. Join us at Sanderford Road Center for a family movie! Pre-registration is required. Class Fee: $0

November 30	**Friday**	**6:00-8:00pm**

Sanderford Road Center   October-December 2012

ADULT PROGRAMS
Fun Friday for Adults
Age: 25 & up. Join us for card games for your beginner and advanced players. Enjoy games like spades, bid whisk, pinochle, and hearts. You are sure to have a good time! Class Fee: $0

December 28	**Friday**	**6:00-8:00pm**

Sistershare
Age: 18 and up. This is a sharing and caring support group that meets every other Thursday night. Some nights we may have invited speakers to speak on specific topics and other times we gather and talk about concerns or issues that the ladies might have. Class Fee: $0

October 10	**Thursday**	**6:30-7:30pm**
November 8	**Thursday**	**6:30-7:30pm**
December 6	**Thursday**	**6:30-7:30pm**

ENGLISH AS A SECOND LANGUAGE
English as a Second Language (ESL) - Clases de Ingles
Age: 18 and up. These classes are offered for beginner levels. Classes are designed for people that utilize a primary language other than English and are interested in learning important skills to communicate in English. Estas clases se ofrecen a nivel de principiantes. Las clases están diseñadas para gente que no habla inglés como su primer idioma y que están interesadas en aprender términos básicos para comunicarse en el idioma inglés. Class Fee: $0

October 29-December 3	**Monday**	**6:30-8:00pm**

COMPUTER PROGRAMS
Basic Computer I in Spanish/Computacion Basica Nivel I
Age: 16 to adult. This course will introduce basic computer skills. Students will learn how to use the computer keyboard, type simple documents, navigate through internet and other topics. Este curso tiene como objetivo introducir conocimientos básicos de computación. Los estudiantes aprenderán como usar el teclado, escribir documentos simples, usar la Red (Internet) y otros temas. Class Fee: $40 Resident, $52 Non-Resident

October 24-November 28	**Wednesday**	**6:00-8:00pm**

FITNESS
Zumba Fitness
Age: 16 and up. Latin inspired, easy to follow, calorie burning, dance fitness-party. Feel the music and let loose! Classes taught by Licensed Zumba Instructor, Sarita Smith. Join the party at Sanderford Road Center! Class Fee: $5 per class

October 2-December 18	**Tuesday**	**6:30-7:30pm**

YOUTH PROGRAMS
Brotherhood
Age: 11-16. This program offers boys ages 11-16 an opportunity to learn about themselves though positive interactions with community volunteers, educational and social group activities, and field trip opportunities. Don't be left out of the BROTHERHOOD. Led by Retired RPD Mentor Charlie Branch. Class Fee: $0

October 10 & 24	**2nd & 4th Wednesday**	**6:00-8:00pm**
November 14 & 28	**2nd & 4th Wednesday**	**6:00-8:00pm**
December 12	**2nd Wednesday**	**6:00-8:00pm**

YOUTH PROGRAMS

Community Afterschool Program
Age: 5-12. The Community Afterschool Program is being offered at several local Community Centers for children K-6th grade following the Wake County Traditional school calendar. This program is designed to offer recreation activities, homework assistance, and arts & crafts. Cost: $0

October 1-December 21	**Monday-Friday**	**3:00-6:00pm**

Girl Connection
Age: 9-12. Join us the 1st and 3rd Wednesday of each month for Girls Connection! This program encourages girls to come together with their peers to enhance and encourage positive values, socialization, and community. Girls, this is your time to CONNECT! Class Fee: $0

October 3 & 17	**1st & 3rd Wednesday**	**6:00-8:00pm**
November 7	**1st & 3rd Wednesday**	**6:00-8:00pm**
December 5 & 19	**1st & 3rd Wednesday**	**6:00-8:00pm**

Fun Fitness Kids
Age: 5-12. Sanderford Road Center knows how to make exercising fun! Kids can use their enthusiasm while embarking on new adventures in exercise. Kids will play engage in individual and group fitness activities. . Let's get fit! Class Fee: $0

October 1-December 4	**Tuesdays**	**5:30-6:15pm**

Science Fun Hour
Age: 5-12. Youth will participate in a program which will encourage them to learn more about science through hands on activities that are educational and fun! Instruction by Mona Chevis with Score One Up. Pre-Registration Required**.** Class Fee: $0

October 26	**Friday**	**4:30-5:30pm**
November 30	**Friday**	**4:30-5:30pm**

PRESCHOOL

Ballet & Creative Dance
Age: 2-5. Come explore the wonderful world of ballet and creative dance! This class combines ballet and creative dance to give preschoolers an introduction to a variety of genres of dance. Basic techniques and combinations will be taught. Expect a time for self-expression and fun! Classes taught by Mrs. Lala with a B.A. degree in Dance from UNC-Greensboro. Preschooler must be at least 2 1/2 years old to participate. Class Fee: $32 Resident, $44 Non-Resident

October 8-29	**Monday**	**5:00-6:00pm**
November 5-26	**Monday**	**5:00-6:00pm**
December 3-17	**Monday**	**5:00-6:00pm**

Hippity N' Roll
Age: 2.5-5. This class uniquely combines hip hop dance with tumbling in a fun and energetic atmosphere. This high-energy class encourages creative and rhythmic dance. Are you ready yet? See you at Sanderford! Classes taught by Mrs. Lala with a B. A. degree in Dance from UNC-Greensboro. Class Fee: $32 Resident, $44 Non-Resident, and December Class Fee: Resident $24, Non-Resident $36

October 8-29	**Monday**	**6:00-7:00pm**
November 5-26	**Monday**	**6:00-7:00pm**
December 3-17	**Monday**	**6:00-7:00pm**

PRESCHOOL
Only Princesses Allowed
Age: 3-5. This is a party for princesses only. Your little princess can expect a royal experience suitable only for future queens. Majestic arts, classy crafts, and grandiose fun! See you at Sanderford! Class Fee: $4

October 10	**Wednesday**	**5:30-6:30pm**
November 14	**Wednesday**	**5:30-6:30pm**
December 12	**Wednesday**	**5:30-6:30pm**

ART & SPECIAL PROGRAMS
Sanderford or Treat
Age: 5 and up. Join us at Sanderford for crafts, games, and treats! Class Fee: $0

October 31	**Wednesday**	**5:00-6:00pm**

Holiday Tye-Dye
Age: 5 and up. Going to a Holiday Party? Have nothing to wear? Join us at Sanderford Road Center where you can make your own holiday statement using tye-dye. Your creation will truly be one of a kind! Decorative materials provided. Bring your own clothing to tye-dye. Class Fee: $3

December 13	**Thursday**	**6:00-7:00pm**

SENIOR PROGRAMS
Senior Bingo Tuesdays
Age: 55 and better. Join us the first Tuesday of each month for BINGO! Enjoy rounds of games of bingo with friends, old and new. See you at Sanderford! Class Fee: $0

October 2	**Tuesday**	**2:00-3:00pm**
November 6	**Tuesday**	**2:00-3:00pm**
December 4	**Tuesday**	**2:00-3:00pm**

Open Computer Lab for Seniors
Age: 55 and better. Join us every Wednesday for an open computer lab at Sanderford Road Center. Need help getting on the internet or setting up a new email address? Our staff can assist you with any questions you have. Class Fee: $0

October 1-December 19	**Wednesday**	**2:00-3:00pm**

SPECIAL EVENTS
Holiday Social
Age: All ages. Celebrate the holidays with your friends and your community! Cost: $0

December 21	**Friday**	**5:00-6:30pm**

Upcoming Program Beginning January 2013!
Tuskegee Airmen Youth Aviation Academy
Age: 8-12. Aviation is an explosive industry with tremendous growth projected over the next several decades. Participation in this program will make youth aware of the many careers and life experiences that are available in aviation. Participants can expect the following: Discuss History of Tuskegee Airman; complete a community service project; build model planes; apply math to aviation problems; fly flight simulators visit aviation museums and airports. Program open to youth males and females ages 8 to 12. Program will take place the first Saturday of each month January through May 2013. Pre-registration is required**.** Class Fee: $0

January 5	**Saturday**	**11:00am-1:00pm**
February 2	**Saturday**	**11:00am-1:00pm**
March 2	**Saturday**	**11:00am-1:00pm**
April 6	**Saturday**	**11:00am-1:00pm**
May 4	**Saturday**	**11:00am-1:00pm**